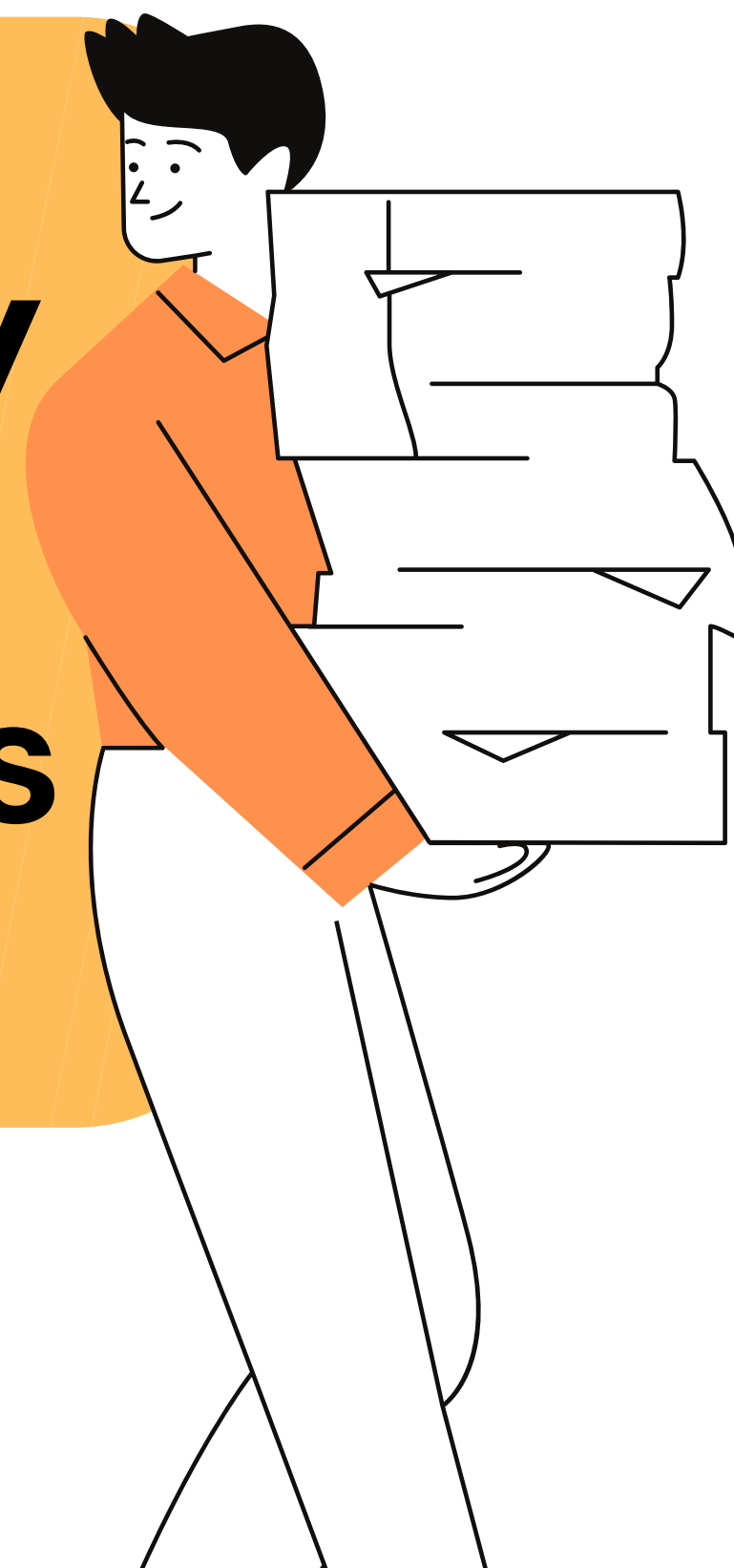
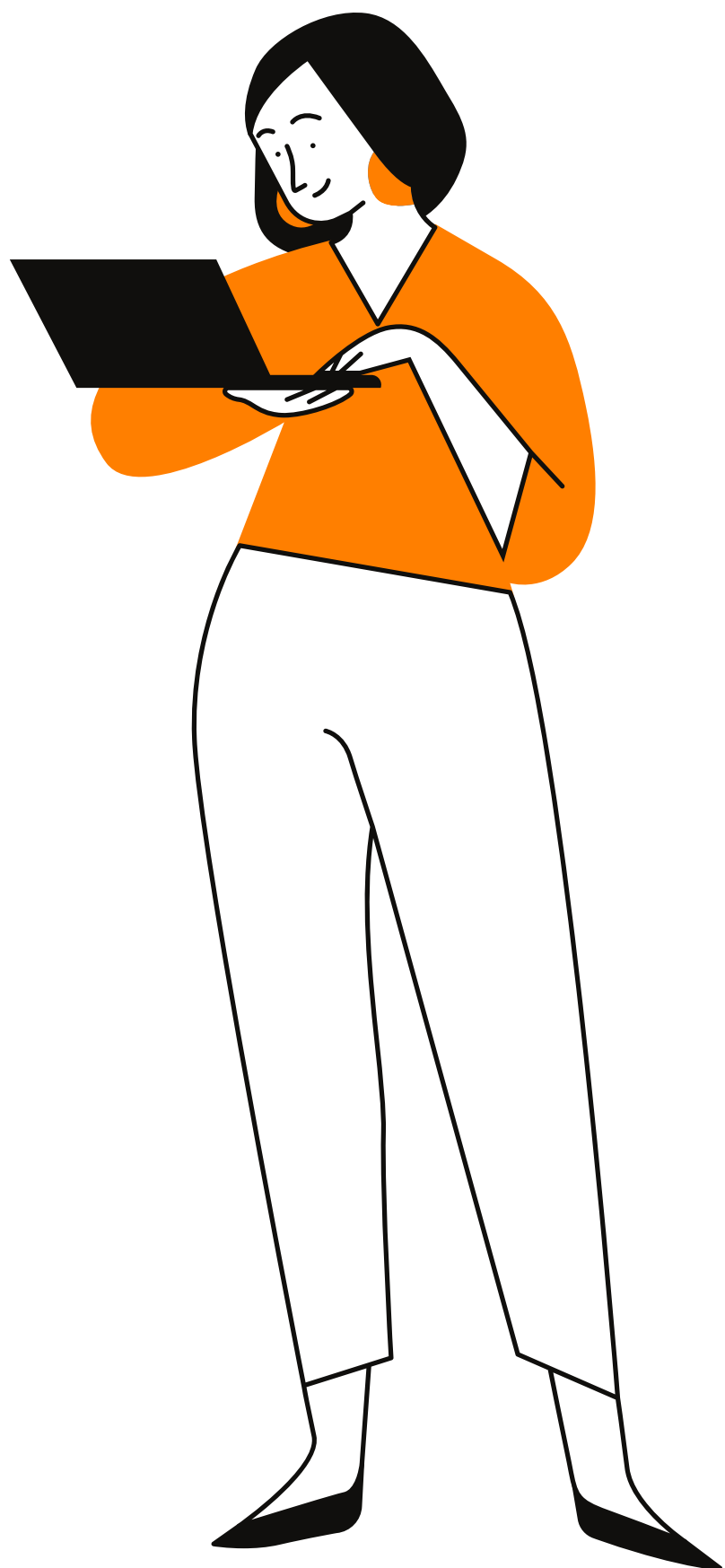


ACT!ON for Humanity

Mobility of youth workers





What?

Training Course

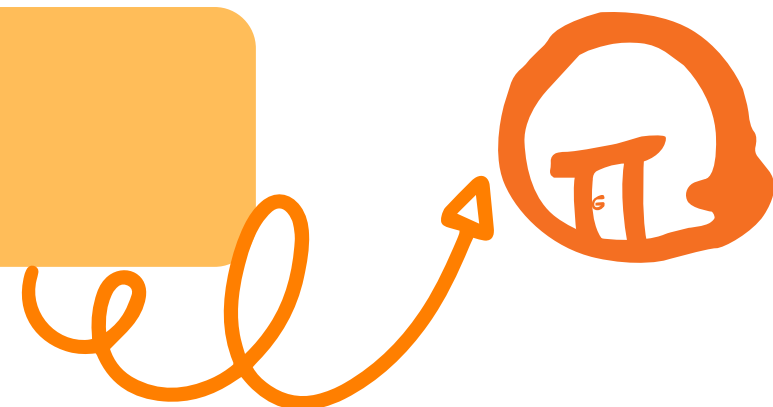
Where?

Skopje, North Macedonia

When?

Arrivals: 02 October
Departures: 12 October

The host organisation



ОТВОРЕНА ПОРТА
AGAINST VIOLENCE AND TRAFFICKING

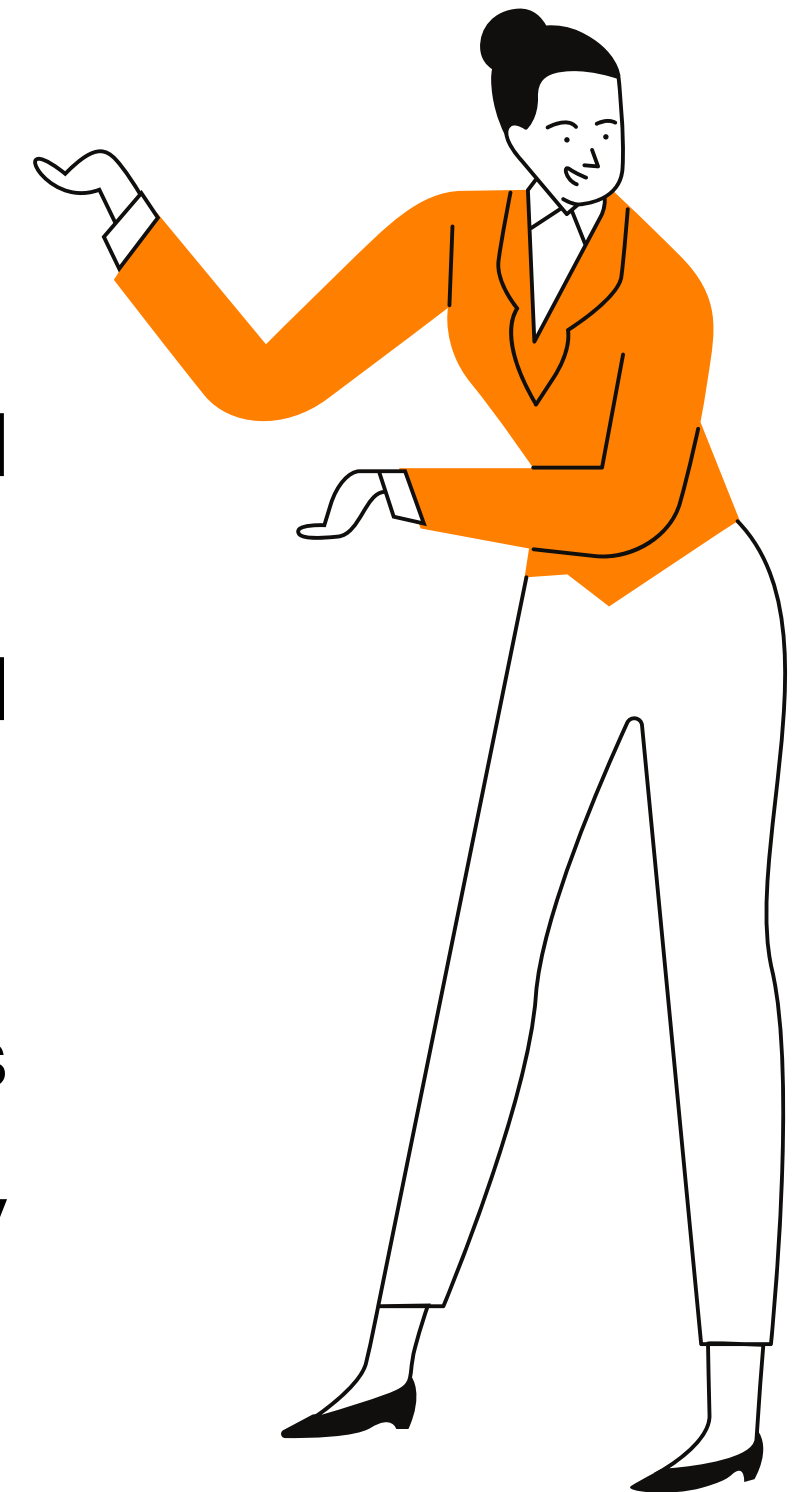
The Association for Action Against Violence and Trafficking in Human Beings – Open Gate is an association that has been working for 20 years on prevention, education, assistance and support, as well as advocating victims of trafficking and sexual violence. Open Gate put an accent on the activities for prevention and education as a basic condition for the protection of people at risk especially young people from violence, human trafficking and exploitation through implementation of preventive and educational activities among vulnerable populations in schools and other institutions improving their knowledge, skills and abilities.

Open Gate is not just an organization but a movement that gives voice to the most vulnerable.

Objectives

The agenda

- Promote exchange of information and knowledge between partner countries concerning the issue of migration and human trafficking.
- Improve participants' awareness of migration advocacy and human trafficking issues.
- Gain knowledge on different aspects of forced migration and human trafficking.
- Gain practical and tangible tools to address these issues.
- Strengthen participants training and youth work competences and boost their self-confidence as community influencers, migration and anti-trafficking advocates.



	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11
10:00	Arrival Day	Official Welcome Introduction of the participants	Day introduction & energizer	Day introduction & energizer	Day introduction & energizer	Day introduction & energizer	Day introduction & energizer	Day introduction & energizer	Day introduction & energizer	Day introduction & energizer	Departure Day
10:30		Ice Breaking – Know each Other activities	Human trafficking and the refugee / migrant crisis	Meeting with the employees working at the Center for victims of human trafficking and sexual abuse	Visit at the Center for asylum seekers (Challenges in the process of providing help and support of asylum seekers, recognize potential victims among them, the work of the institutions)	LOESJE Creative Writing Posters	Intro to Project Management Project Planning	Outreach work Identification of potential victims of trafficking and other vulnerable and at-risk groups	Experience the intercultural side of the city (visit of historical sights, religious buildings, museums)	Project Presentations	
11:30		Break	Break	Break		Break	Break			Break	
11:45		Getting to know the program Introduction to the project, the project venue, introduction of the leaders	Group work and presentation on human trafficking selected topics	Victim assistance and protection Security and Personal Safety		Finding my Mission (Human Trafficking and My Personal Passions)	Marketing, Budgeting and fundraising			Meet and Greet Fair: How to Support Each other in our Projects	
13:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch			Lunch	
15:00		What is human trafficking? sharing Commonalities of human trafficking in each of the countries	Youth workers in N. Macedonia Presentation of the program for Prevention and education	Provision of effective and appropriate assistance and protection to victims of trafficking Referral and Reintegration Assistance	Group work Challenges in the process of providing help and support of vulnerable groups while applying a human rights-based and gender-sensitive approach	Identifying Community Needs / Taking a Strengths Based Approach	Safety and Security with the Opposition / Risk Management			Seminar conclusions: expected results / outcomes, proposals timeline Closing ceremony and giving certifications	
16:30		Reflection of the daily experience	Reflection of the daily experience	Reflection of the daily experience	Reflection of the daily experience	Reflection of the daily experience	Reflection of the daily experience			Reflection of the daily experience	
17:00		free time	free time	free time	free time	free time	free time	free time	free time	free time	
20:30		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Farewell dinner	

Welcome to Skopje!

A city so eclectic and amazingly entertaining, offering travelers a place where culture, tradition and modern mix into a perfect, unforgettable blend. It is a cultural kaleidoscope run wild, what it is. The urban dynamic life, the cultural heritage, tradition passed forward in a very appealing way, the mix of old and new, urbanism and nature.



Places to visit

www.skopje.mk



Canyon Matka

Wander just a few miles out of the urban jungle, and you find yourself at the very gate to the Skopje's countryside. The first stop, surprisingly close to the city of Skopje is the nature paradise known as Canyon Matka. A gorge in which a rich complex of mediaeval building survives, including churches, monasteries and remnants of a fortress.

Old Bazaar

The Old Bazaar in Skopje is the largest bazaar in the Balkans outside Istanbul. It is a protected national landmark. It was reconstructed on several occasions and nowadays represents the only remaining cultural monument in the Republic of North Macedonia, which has kept its multicultural heritage of different civilizations.

Macedonia Square

Macedonia Square, the hearth of the city, is the largest plaza in the country and one of the capital city's primary meeting places and public areas. The main attractions is the statue "Warrior on a horse" surrounded by colorful dancing fountains in front, cafes, traditional restaurants, museums, modern structures, and plenty of shops.

More information

Currency:

Official currency in N. Macedonia is Denar, foreign currencies may be exchanged at banks.

ATM:

ATM's work with the most common credit cards and it is an easy way to get Denars. ATM machines are available at the airport, main banks, shopping centers and around the city.

Electricity:

The standard voltage is 230V and 50Hz. The power sockets that are used are 2 pin plugs.

Language

In N. Macedonia people speak **Macedonian**. The locals (mostly) speak English.

Here are some expressions or phrases to help you if you meet only Macedonian speaking people:

Hello – **Zdravo**

Thank you – **Blagodaram**

Excuse me / sorry – **Izvinete**

Do you speak English? – **Dali zboruvate Angliski?**

How much does it cost? – **Kolku chini?**

Good bye – **Prijatno / Chao**

Getting to the hostel from the Skopje Airport

Take a shuttle called Manora (you can find their office at the airport), to the city center of Skopje. You will need Denars to buy the tickets – there is an exchange office at the airport. The ticket costs approx. 180 Denars (3 Euro) per person. The bus station is at the exit of the airport. You need to get out of the bus at the bus station – Hotel Holiday Inn.

You can also take a taxi in front of the airport, or you can order a taxi from the following companies: Taxi Global(+389 2 15180), Taxi Vardar(+389 2 151), Taxi Vodno(+389 2 15191), Taxi Classic(+389 215167), Taxi Plava Laguna(+389 2 15192), Taxi Palas(+389 2 15166), City Taxi(+389 2 15181)

The taxi will cost you 25 euro to the center of the city.

Accommodation

If you go by bus, from the Holiday Inn bus station get a taxi to the hostel.

If you go by taxi tell the address and it will take to the hostel.

Hostel 42,

Address: Boulevard Ilinden No.42, Skopje, 1000, North Macedonia



Finance

Maximum travel reimbursement to/from N. Macedonia

According to the Program Erasmus+, travel costs are covered 100% up to the amount defined on the base of the kilometer distance from sending organisations town to the project place, following EU Distance Calculator.

Spain – 360 euro per participant

Romania – 180 euro per participant

Turkey – 275 euro per participant

Greece – 275 euro per participant

Germany – 275 euro per participant

Slovenia – 275 euro per participant

Keep all the boarding passes and tickets of airplane, bus or taxi, they are needed for the reimbursement. Also all receipts / invoices are needed. If you lost or not present any of the documents stated, we are not authorized by the National Agency to give the reimbursement.

Open Gate will reimburse the participants. All the travels are reimbursed according to the budget presented. Please have in mind that costs for bus/taxi transportation from/to the airport and the place of venue are also calculated in the travel budget per participant.

Presentations and inter-cultural moments

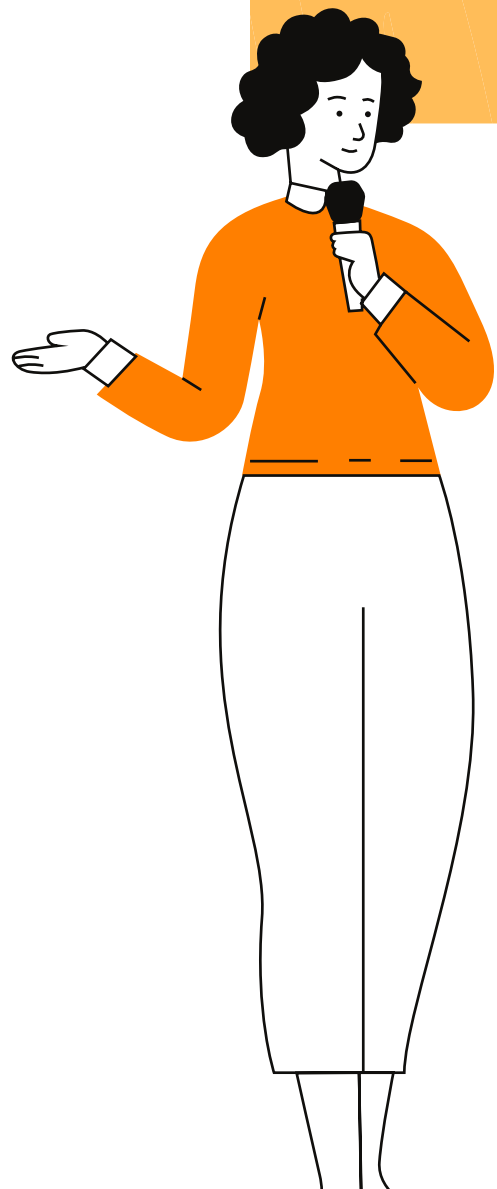
Bring visual information about your organisation. During the training you will have time to network and talk about your organization. Bring leaflets, brochures of projects, publications, info material, etc. All that can be useful for building here a creative presentation of your organisation.

Bring something from your country and culture. During the training there will be an informal gathering where we will have an opportunity to share and appreciate the aspects of each other's culture. In order to have a memorable experience, we kindly invite you to bring something representing your country such as:

- your country's flag
- traditional clothing
- decoration items
- snacks and sweets from your country
- traditional music
- prepare a traditional dance
- traditional stories to share etc.



And COVID-19?



Entry into the Republic of North Macedonia is allowed without having to submit medical certificate showing negative results of the RT PCR SARS-CoV-2test.

Due to frequent changes in government measures regarding the pandemic, please visit the website of the Ministry of Foreign Affairs before arriving in the Republic of North Macedonia for any changes.

<https://mfa.gov.mk/en/page/1706/protocols-for-north-macedonia>

If you are traveling through other countries please check if they have different restrictions.



Should you have any questions regarding the training as well as travel arrangements and other practicalities, please contact us.

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To contact an emergency service in N. Macedonia from any phone dial 112 , free of charge.