



# Mentoring Power in Integration

Training Course  
for Mentors

In Zreče and in Ljubljana , Slovenia from 10 to 17 April  
2023

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## **About the training and the profile of participants:**

When we arrive in a new country, we feel obliged to secure a place in a new society. This can be a difficult process with economic, social, cultural, and political obstacles in the way.

Civil Society Organizations create important places and platforms where people can get engaged and support one another.

Through critical learning tools, this training course allows you to analyse the concept of mentoring from its contextual context into a practice of solidarity and peer-to-peer support free of objectification, patronising and otherness.

**At the end of this training course, the participants will share their reflective thoughts in a format of texts and audio-visual materials.**

The participants in this training course are adult educators, youth workers and volunteers who are engaged or are willing to get engaged with their sending organisations in the fields of migration, social solidarity and integration. There will be around 27 participants who are living and based in Estonia, France, Italy, Greece, Malta, Sweden, Poland, Turkey and Slovenia.

## **About the organisers:**

Povod, Institute for culture and development of international relations in culture, is a Non-Governmental Organization working for:

-International development cooperation

- Achievements & Monitoring of the Global Sustainable Development Goals, SDGs,
- Mediation, Research & Advocacy of development policies
- Long-life education
- Improvement of Experiential and Intercultural learning capacities for civil society.

Visit our website to learn more: [www.povod.si](http://www.povod.si).

### **About the trainer:**

Samar Zughool is an intercultural trainer and researcher specialising in topics connected to migration, gender equality, intercultural dialogue, and cooperation in the EuroMed region. She is a provider of International Consultancy Services for the North-South Centre of the Council of Europe in Gender Equality, Global Education, and Youth Cooperation. Her Master's thesis, "The Role of Women's Rights Movements in Reforming Public Policies after the Arab Spring," in Jordan and Tunisia, was awarded the national award in Slovenia, the "Prešeren award for students" from the Faculty of Social Sciences in 2019.

Since 2020, Samar has conducted and published policy briefs, policy papers, background papers and case studies based on participatory research methods through European and international platforms such as Global Action against Poverty, Faces of Migration European Campaign, European Network of Political Foundations, ENoP, and the Anna Lindh Foundation for EuroMed dialogue in Slovenia.

# The program:

	10.4.2023	11.4.2023	12.4.2023	13.4.2023	14.4.2023	15.4.2023	16.4.2023	17.4.2023	
<b>9.30</b>	A R R I V A L	Team Building	Decolonizing Mentorship	Experiential Coaching techniques	Power dynamics, Gender, Ethnicity and?	Sharing updates and continuation of group work	Evaluation part one	Departure	
<b>11.00</b>		<b>Break</b>							
<b>11.30</b>		Unlearning Migration	Moving from empowerment to acknowledgement	The 3Es model	Is Solidarity an action?	The conference, where all of us will share the work and reflections we have had so far.	Evaluation part two and closure ceremony	We will be in touch soon.	
<b>13.00</b>		<b>Lunch</b>							
<b>15.00</b>		Unlearning Integration	Visiting a local practice	Intercultural sensitivity?	Group work on producing articles	Finalisation of articles and audio-visual materials.	<b>Free Time</b>		
<b>16.30</b>		<b>Daily reflection</b>							“Not your

			Scheherazade” Performance
<b>19.00</b>	Welcome dinner	<b>Dinner</b>	<b>Dinner at the same place as the performance</b>

### Accommodations and Venues for work:

#### Our Stay in Zreče:

From 10 to 15<sup>th</sup> of April 2023, we will stay at the venue location: <http://smogavc.com/en/> in Zreče, it is a natural area with fewer options for shops or pharmacies, and it might get fresh at night as we will be on a mountain, therefore bring with you anything you might need including a jacket for these days.

#### Our Stay in Ljubljana:

On the 15<sup>th</sup> of April, we will go from Zreče to Ljubljana. In Ljubljana, we will stay from the 15<sup>th</sup> to the 17<sup>th</sup> of April at the [Mexico Hotel](#), and we will be working mostly at our office in Kotnikova 28, Ljubljana, which is around 15 minutes walk from the city centre.

### Guidelines for Travel:

This training course is part of the Key Action 1 Erasmus plus program, and it is funded by the National Agency of Erasmus plus in Slovenia. Reimbursement will be done based on the general rules of the Erasmus plus program. **You shall keep all invoices, all proofs of public or private means of travel, all boarding passes and any other proofs of travel arrangements; these documents are essential for the reimbursement.** Please learn about Green Travel and whether travelling from your country of living to Slovenia has this option or not. You may find all the information you need [here](#).

Erasmus guidelines by distance define the travel reimbursement, and it is maximum as follows for each country based on the provided invoices: Country.	Number of participants	Reimbursement highest limit per participant
Malta	3	275 euros
Estonia	3	275 euros
Italy	3	275 euros or 320 euros for green travel GT
Poland	3	275 euros or 320 GT
France	3	275 euros or 320 euros GT
Sweden	3	275 euros
Greece	3	275 euros

Turkey	3	275 euros and 100 euros for the Visa cost
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Suggestions and guidelines for your travel:

Our first venue for the meeting is Zreče, where we will be staying from the 10<sup>th</sup> to the 15<sup>th</sup> of April 2023. [Here](#) is the website and location of the resort where we will stay.

Please, try your best to arrive before our welcoming dinner at 19.00 on the 10<sup>th</sup> of April.

You can travel by any of the following airports:

Ljubljana, Graz, Vienna or Zagreb. You can take shuttles from [Goopti](#) to Zreče or Celje from any of these airports.

Other options are based on the airport of your choice.

From Ljubljana airport:

Take the public bus in front of the airport to the main bus station in Ljubljana; from there, take

- the train or bus to Celje train station: Celje, 3000 Celje.
- Or bus to Zreče bus station: Bus tickets can be sold on the bus; there are offices in the station to purchase train tickets.

From Zagreb airport:



You can take the bus to the city centre's main bus and train stations. From there, you can take a train or bus to Celje or a bus to Zreče. From Vienna airport, you can check trains or flix buses directly from the airport to Celje.

We can pick you up from Celje train station or Zreče bus station.

On 15<sup>th</sup> April 2023, we will go together to Ljubljana. 17<sup>th</sup> of April is the departure day from Ljubljana. In Ljubljana, you can leave for any of the mentioned airports by bus, train, or Goopti.

### **Preparation before arrival:**

- Please [complete this registration form](#) as soon as your participation is confirmed.
- Please join the WhatsApp group for faster communication [here](#). If you do not want to communicate through the WhatsApp platform, please indicate this in the registration form.
- Prepare a presentation on practices, programs, challenges and opportunities for newcomers in the country where you live.
- Collect information about your affiliated organisation and how they relate to migration and integration.
- Comfortable and warm clothes and shoes.
- We are staying in two different locations, Zreče and Ljubljana. Be ready to pack and unpack during your stay.
- Keep all the invoices, boarding passes and documentation of travel.

The first location is in Zreče, where we will have more self and group-based focused training before **the open conference and public workshops on the 16<sup>th</sup> of April in Ljubljana**. In the open conference, you will have specific tasks that fall into the unlearning and learning journey we planned for you.

You do not need to prepare for the open conference before your arrival.

**From 10 to 15<sup>th</sup> April, we are staying in Zreče** in a natural resort, a perfect atmosphere to critically learn and develop new methods in reflection on mentoring, migration and integration. **On the 15<sup>th</sup> of April, we are leaving for Ljubljana.**

### **Contacts:**

For inquiries about the program and the content itself, please write an email to Samar Zughool at [samar@povod.si](mailto:samar@povod.si)

For inquiries regarding logistics, please contact Patricija Bačun at [povod.zavod@gmail.com](mailto:povod.zavod@gmail.com)

For emergencies, please call Robert Križanič at +386 41 733 469; this number is also reachable by WhatsApp, Viber and telegram.

**---Thank you, and we are looking forward to having you here soon!**

**The Povod team-----**